



Sixty Days *of* Restoration

Workbook

*Awakening
the Image of God
within YOU!*

MATTHEW RUDOLPH GARGANO

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Day One

For This Reason, Let Us Kneel

For this reason I bow my knees to the Father of our Lord Jesus Christ. —Ephesians 3:14

1. Why is it important to be vulnerable before the Lord, your God? How have you been holding back from being completely vulnerable before your God? Why have you been withholding parts of yourself?

2. How has this new revelation changed your perspective of kneeling before the Lord?

3. How will you exercise your free will in your desire to exalt your Holy Father?

Write your transformation statement below addressing how you will take action and challenge your thinking. Make sure you write down action steps, which are action items that you can execute, measure, and achieve.

Day Two

Say So

Oh, give thanks to the LORD, for He is good! For His mercy endures forever. Let the redeemed of the LORD say so, whom He has redeemed from the hand of the enemy. – Psalm 107:1-2

1. Why is it important to give thanks to the Lord? Who does giving thanks benefit, God or you?

2. Why is it so important that we understand and believe that Jesus finished His work on the Cross for us?

3. How will "Say So" moving forward?

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Day Three

Call to Me

Call to Me, and I will answer you, and show you great and mighty things, which you do not know.

—Jeremiah 33:3

1. How does today's revelation change your desire and way of encountering God?

2. Knowing that God answers us, how will you now seek the evidence of your answers?

3. In what ways do you want your Holy Father to transform you?

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Day Four

Who Are You Opposing?

And I fell to the ground and heard a voice saying to me, "Saul, Saul, why are you persecuting Me?"
—Acts 22:7

1. In what ways are you persecuting your Loving Father? How will you stop opposing Him?

2. Are you frantically looking for Jesus, or for other things?

3. How will you begin and continue to be about your Father's business?

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Day Five

Speak Life

I create the fruit of the lips. –Isaiah 57:19a

1. What things need to die in you, in your life?

2. What do you need God to cut down and create in you and in your life?

3. How will you start speaking life?

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Day Six

Carried Away

They shall be carried to Babylon. —Jeremiah 27:22a

1. What things (mentalities, beliefs, attitudes, habits, grudges, forgiveness) are causing you to be carried away?

2. How can you become better grounded in God's Word?

3. What is your "house" built on? How can you better secure your dwelling place?

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Day Seven

An Utter End

He will make an utter end of it. Affliction will not rise up a second time. —Nabum 1:9b

1. What keeps rising up in your life that is contrary to God's Word?

2. How do you need to exercise complete authority over these areas?

3. What strategy is God giving you to bring these things/situations/circumstances/ to an utter end?

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Day Eight

Be Brought Out

Therefore say to the children of Israel: "I am the LORD; I will bring you out from under the burdens of the Egyptians, I will rescue you from their bondage, and I will redeem you with an outstretched arm and with great judgments." –Exodus 6:6

1. What do you need to be delivered from?

2. How will you allow God to break you out of those things that are keeping you imprisoned?

3. How will you move forward in your newfound freedom?

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Day Nine

Show Me Your Glory

And he [Moses] said, "Please, show me Your glory."— Exodus 33:18

1. As with Moses, God wants to be your friend. How will you allow Him to create this intimacy with you?

2. How do you now view and want to experience God's Glory?

3. What does your mountaintop encounter look like with your Heavenly Father?

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Day Eleven

Holy Spirit Will Guide You

But you have an anointing from the Holy One, and you know all things. -1 John 2:20

1. How you will now view God's Holy Spirit?

2. In what ways will you welcome Holy Spirit to guide you in all truth?

3. What does it mean to encounter the Spirit of the Living God as your Helper, as your Comforter?

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Day Twelve

To Whom Shall We Go?

*But Simon Peter answered Him, "Lord, to whom shall we go? You have the words of eternal life."
—John 6:68*

1. How will you make Jesus the One to Whom you go?

2. Have you concluded for yourself Jesus as both Savior and Lord? If not, how will you?

3. What is your declaration concerning Jesus? In what ways will you proclaim Him?

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Day Thirteen

With Hands Lifted Up

Lift up your hands in the sanctuary, and bless the LORD. –Psalm 134:2

1. How will you now lift your hands up to the Lord your God?

2. For what purposes will you lift up your hands?

3. How will you use your consecrated hands?

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Day Fourteen

Already Proven

And Moses said to the people, "Do not fear; for God has come to test you, and that His fear may be before you, so that you may not sin." –Exodus 20:20

1. How does this revelation, this promise, cause you to rethink your need to prove yourself?

2. In what ways will you move from a "Martha" to a "Mary" mentality?

3. How will you now allow the One loving inside of you to prove you?

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Day Fifteen

Be Holy

Because it is written, "Be holy, for I am holy." --1 Peter 1:16

1. How is it that you are holy?

2. What does it mean for you to be God-made?

3. What things are you believing God to work out for your good?

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Day Sixteen

Lessons from Ziklag

Then they found an Egyptian in the field, and brought him to David; and they gave him bread and he ate, and they let him drink water. --1 Samuel 30:11

1. What is your Ziklag?

2. What does “recovering all” look like to you?

3. How will you inquire of the Lord your God?

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Day Seventeen

Mercy over Sacrifice

For I desire mercy and not sacrifice. —Hosea 6:6b

1. How will you now walk in mercy toward God and others?

2. Take some time to examine your motives with Holy Spirit as your guide. What has been revealed?

3. How will you point others to God's mercy?

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Day Eighteen

A Better Life

*And he went and joined himself to a citizen of that country; and he sent him into his fields to feed swine.
– Luke 15:15*

1. Are you living below your means? How can you be a better steward of what God has given you?

2. Are you using your God-given time, talents, finances, and other resources for the Father's Kingdom?

3. In what ways can you relate the prodigal son?

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Day Nineteen

Taste and See

Oh, taste and see that the LORD is good. – Psalm 34:8a

1. What are you eating spiritually? Is it junk food? How can you be more spiritually healthy?

2. How will you taste the Lord to see that he is good?

3. How will you look for the proof that is in God's pudding?

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Day Twenty

Be a River, Not a Pond

Now may He who supplies seed to the sower, and bread for food, supply and multiply the seed you have sown and increase the fruits of your righteousness, while you are enriched in everything for all liberality, which causes thanksgiving through us to God. – 2 Corinthians 9:10-11

1. Are you more like a river or a pond? Explain.

2. What attitudes, mindsets, mentalities, and actions are blocking your blessings from flowing?

3. How will you strive to be an outrageous giver?

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Day Twenty-One

Forget the Former Things

Do not remember the former things, nor consider the things of old. Behold, I will do a new thing, now it shall spring forth; shall you not know it? I will even make a road in the wilderness and rivers in the desert. —Isaiah 43:18-19

1. What “things” must you shed and “remember” no more?

2. Take some time to evaluate your current relationships. Ask God to show you which ones are seasonal.

3. Are you dwelling on the former things? If so, which ones? Release them over completely to God.

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Day Twenty-Two

The Fullness of Time

But when the fullness of the time had come, God sent forth His Son. – Galatians 4:4a

1. How can you better acknowledge God's complete Sovereignty over you, your life, and all things?

2. What promises are you believing your Heavenly Father to bring to pass?

3. How will look forward, with renewed conviction and anticipation, to your fullness of time?

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Day Twenty-Three

Swallowed Up

Death is swallowed up in victory --1 Corinthians 15:54b

1. In what ways do you marvel at the plan of God, His perfect plan of Salvation?

2. How does this verse now come alive for you?

3. Reflect on Reverend Dr. Barnhouse's powerful analogy. How does what Jesus did speak to you?

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Day Twenty-Four

What's Steering Your Ship?

Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very small rudder wherever the pilot desires. —James 3:4

1. How do you now view the tongue, its power, and the need to bridle this member of your body?

2. How will you prepare your speech, which steers you toward your Divine destiny?

3. What does your new language sound like for your new season?

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Day Twenty-Five

Precious Thoughts

How precious also are Your thoughts to me, O God! How great is the sum of them!—Psalm 139:17

1. How will you now regard God's thoughts?

2. Reflect on the story of the violin. How does this speak to you, with you being this instrument?

3. How will you move forward, thinking God's thoughts concerning you?

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Day Twenty-Six

Grapes in the Wilderness

I found Israel like grapes in the wilderness. —Hosea 9:10a

1. How are you found standing? How will you reposition yourself?

2. What would God's inspection of your fruit reveal to you?

3. What is your wrestle with God? What do you want the outcome to be?

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Day Twenty-Seven

Give No Place

Nor give place to the devil. —Ephesians 4:27

1. How have you been giving place to the devil?

2. What is your strategy to tell this lying foe to “kick rocks” every time he comes to accuse you?

3. How will you use God’s Word as your weapon against your enemy?

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Day Twenty-Eight

Sing Out Your Promise

Sing, O barren, You who have not borne!—Isaiah 54:1

1. How will you start 'singing in' your promise?

2. What situations in your life make it difficult for you to sing for victory? How will you press through?

3. How will you stand in expectancy?

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Day Twenty-Nine

Show Up

Then they sailed to the country of the Gadarenes, which is opposite Galilee. —Luke 8:26

1. Who are you, and to Whom do you belong?

2. How will you allow God to work through you for His purpose and glory?

3. How will you ensure the atmosphere changes when you enter an area?

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Day Thirty

Blocked Blessings

Then the master of that servant was moved with compassion, released him, and forgave him the debt. But that servant went out and found one of his fellow servants who owed him a hundred denarii; and he laid hands on him and took him by the throat, saying, "Pay me what you owe!"- Matthew 18:27-28

1. Are you still in a state of un-forgiveness? How will you allow God to deliver you?

2. Who is still stuck in your parachute-like tube? Ask God to show you.

3. How will you differentiate yourself from to the servant who has been forgiven of much, but did not do likewise?

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Day Thirty-One

Get Wisdom

Wisdom is the principal thing; therefore get wisdom. And with all your getting, get understanding. —Proverbs 4:7

1. Where does true wisdom come from? Why are all other sources faulty?

2. Why is knowledge so important?

3. How do we get true wisdom?

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Day Thirty-Two

A Clean Heart

Create in me a clean heart, O God, and renew a steadfast spirit within me. —Psalm 51:10

1. How do you view God in the context of His intent being on creation, renovation, and restoration?

2. What does it mean to have a clean heart?

3. How do you go about getting a clean heart?

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Day Thirty-Three

God Shine Forth

God will shine forth. —Psalm 50:2b

1. How do you now picture God shining forth?

2. What is that place in God that we need to get to? What should people see when they see us?

3. How is God's light important to you? Why is it important to others?

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Day Thirty-Four

In Spite Of

He has not dealt with us according to our sins, nor punished us according to our iniquities. —Psalm 103:10

1. What limitations and restrictions have you placed on yourself?

2. What are some of the condemning or “religious” conversations you have had with yourself?

3. How does the story of God and Jacob speak to you? Transform you?

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Day Thirty-Five

God Came

God came from Teman. –Habakkuk 3:3a

1. How will you now picture God coming on the scene for you and on your behalf?

2. How will you seek God out?

3. What is your Teman? How can God arriving change this place for you?

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Day Thirty-Six

Holding the Line

But when he was still a great way off, his father saw him and had compassion, and ran and fell on his neck and kissed him. —Luke 15:20.

1. How are you holding the line? Are you interfering with God, or maintaining your place and position?

2. How are you creating the space for God to move in various relationships, such as family and friends?

3. How can you give your “going after” over to God?

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Day Thirty-Seven

Think It Not Strange

Nevertheless, lest we offend them, go to the sea, cast in a hook, and take the fish that comes up first. And when you have opened its mouth, you will find a piece of money; take that and give it to them for Me and you. —Matthew 17:27

1. Have you gotten too familiar with God?

2. How will you look for your Father's unusual-ness?

3. How will you "go to the sea and cast the hook"?

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Day Thirty-Eight

Creating Space

*As the mountains surround Jerusalem, so the LORD surrounds His people from this time forth and forever.
—Psalm 125:2*

1. What is your current declaration? Does it better need to line up with God's Word?

2. How does the truth of "it's never God and always us" speak to you and reset your frame of reference?

3. Are you tired of being tired? What is your plan to come out and rest in Him?

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Day Thirty-Nine

Creating Space by Being Still

Be still and know that I am God. —Psalm 46:10a

1. In what ways and areas do you need to more fully and completely trust God?

2. How do you need to “be still?” In what ways will you ask your Heavenly Father to help you to be still?

3. How you become more intimate with God as your Jehovah Rapha?

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Day Forty

Blessed to Receive

It is more blessed to give than to receive. —Acts 20:35b

1. Do you struggle with giving and/or receiving? If so, what is getting in the way? Bitterness, pride, unforgiveness, offense?

2. How can you be a more frequent and gracious giver? Receiver?

3. What are some practical steps you can take to begin this process?

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Day Forty-One

Encourage Yourself

Now David was greatly distressed, for the people spoke of stoning him, because the soul of all the people was grieved, every man for his sons and his daughters. But David strengthened himself in the LORD his God.-1 Samuel 30:6

1. How do you handle your bad days? What do you do to keep them in check?

2. Do you encourage yourself in the Lord? How will you begin and make this a strategy for victory?

3. In what ways will you make ungodly circumstances bow?

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Day Forty-Two

Give Yourself Away

And (she) stood at His (Jesus) feet behind Him weeping. – Luke 7:38a

1. How do you respond to your desire for Jesus, regardless of who is or isn't around?

2. Do you “let your hair down” around Jesus? How will you become vulnerable in His presence?

3. In what ways will you anoint your Savior's feet?

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Day Forty-Three

Think Differently

From that time Jesus began to preach and to say "Repent, for the kingdom of heaven is at hand." – Matthew 4:17

1. How do you now approach repentance?

2. What did Jesus mean and do when He uttered "It is finished"?

3. How is the Kingdom of heaven at hand for you?

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Day Forty-Four

Settled

Forever, O Lord, Your Word is settled in heaven. —Psalm 119:89

1. How often do you study the Bible? How will today change in how and how often you enter into God's Word?

2. What is the difference between truth and facts? How will you now walk in the truth while dealing with the facts?

3. How will you settle the matters that God has already settled for you in His courtroom of Heaven?

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Day Forty-Five

Don't Be a Dirty Glass

Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's. —1 Corinthians 6:19-20

1. Are you a dirty glass? What fingerprints and smudges are on you that need to come off?

2. What offenses are you harboring and holding on to? How will you release them today?

3. How will you maintain a clean glass filled to overflowing with God's Holy Spirit?

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Day Forty-Six

Stop Thief!

The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. – John 10:10

1. How will you now push back the devil?

2. What ways and areas of your life will you submit to God?

3. How will you “knowledge up”?

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Day Forty–Seven

Suddenly

*Then Hezekiah and all the people rejoiced that God had prepared the people, since the events took place so suddenly. -
2 Chronicles 29:36*

1. What “suddenlies” are you expecting God to do for you?

2. How will you rest in the truth that God is always on time?

3. How does the revelation about Peter cause you to think about prayer, and how to pray?

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Day Forty-Eight

Jesus Wept

Jesus wept. —John 11:35

1. How has this revelation about Jesus weeping moved you?

2. In what ways will you know experience God's love for you?

3. How do you know see God?

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Day Forty-Nine

Tears in a Bottle

You number my wanderings; Put my tears into Your bottle; Are they not in Your book? –Psalm 56:8

1. How does knowing that the Father cares for you so tenderly, intimately, and deeply cause you to respond to Him?

2. What does knowing that God keeps your tears in a bottle do for you?

3. How do you now view your tears?

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Day Fifty

The Sea of Forgetfulness: No Fishing Allowed!

You will cast all our sins into the depths of the sea. —Micah 7:19b

1. How has God's assurance provided comfort regarding your sins being forgiven and forgotten?

2. Knowing that God subdues your iniquities and casts your sins into the depth of the sea, how does this change your relationship with your Father in terms of accessibility and approachability?

3. How will you resist digging through the trash pile of forgiven and forgotten sins?

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Day Fifty-One

Ordered Steps

The steps of a good man are ordered by the LORD –Psalm 37:23a

1. How does knowing that God has ordered your steps secure you moving forward?

2. Are you working yourself up into a lather trying to figure out how God is going to come? If so, how will you now rest in Him?

3. How will you now focus on your relationship and fellowship with your Divine Daddy?

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Day Fifty-Two

Pray for Yourself!

But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly. – Matthew 6:6

1. Why is it important to pray for yourself?

2. How will you start praying for yourself in a new way?

3. How will you stand up to the devil?

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Day Fifty-Three

An Invitation to Walk on Water

*So He (Jesus) said, 'Come.' And when Peter had come down out of the boat, he walked on the water to go to Jesus.
—Matthew 14:29*

1. How will you respond to Jesus' invitation to come?

2. How will you make walking on water (spiritually) a part of your new lifestyle?

3. What areas and things in your life will you now take charge over?

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Day Fifty-Four

Furnished and Prepared

Then he will show you a large upper room, furnished and prepared; there make ready for us. —Mark 14:15

1. Why is Jesus your most important dinner guest? How will you prepare for His arrival?

2. How will you start dressing for this most-important event?

3. What adjustments will you make?

Write your transformation statement below addressing how you will take action and challenge your thinking. Make sure you write down action steps, which are action items that you can execute, measure, and achieve.

Day Fifty-Five

Faith: the Evidence of Things Not Seen

Now faith is the substance of things hoped for, the evidence of things not seen. —Hebrews 11:1

1. How will you encourage your faith today and every day?

2. How will you make your faith your evidence?

3. How will you move forward in your newfound faith, which is pleasing to God?

Write your transformation statement below addressing how you will take action and challenge your thinking. Make sure you write down action steps, which are action items that you can execute, measure, and achieve.

Day Fifty-Six

A New Song

He has put a new song in my mouth. —Psalm 40:3a

1. Are you still singing an old song? If so, why? How's that working for you?

2. How will you allow God to fill your mouth with His Word every time you open it?

3. What is your new song? Ask God to help you.

Write your transformation statement below addressing how you will take action and challenge your thinking. Make sure you write down action steps, which are action items that you can execute, measure, and achieve.

Day Fifty-Seven

You Are Already Successful!

The Lord was with Joseph, and he was a successful man. –Genesis 39:2a

1. How does having God on your side already make you successful despite your situation?

2. What attitude of Joseph should we model when confronted with difficult circumstances?

3. Do you believe that God will do the same for you? You should! Write down your expectancy.

Write your transformation statement below addressing how you will take action and challenge your thinking. Make sure you write down action steps, which are action items that you can execute, measure, and achieve.

Day Fifty-Eight

What Noah Knew

Thus Noah did; according to all that God commanded him, so he did. —Genesis 6:22

1. Do you trust God the way Noah trusted God? How can you trust your Holy and Perfect Father more?

2. How can you know and do what Noah knew and did?

3. How will you start spending more quality and intimate time with God?

Write your transformation statement below addressing how you will take action and challenge your thinking. Make sure you write down action steps, which are action items that you can execute, measure, and achieve.

Day Fifty-Nine

Today You Have Become

Take heed and listen, O Israel: This day you have become the people of the LORD your God. —Deuteronomy 27:9b

1. You have become because God breathed Himself into you! By faith, receive it! Now write about it.

2. How has the plan of Jesus Christ caused you to become who God made you and called you to be?

3. How are you taking in God's breath?

Write your transformation statement below addressing how you will take action and challenge your thinking. Make sure you write down action steps, which are action items that you can execute, measure, and achieve.

Day Sixty

Old Things Passed Away—All Things Made New

*Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.
-2 Corinthians 5:17*

1. How will you now be more thoughtful and intentional in your new season?

2. How does being a new creation in Christ cause you to see yourself, God, and others?

3. It's time to finish well, to finish God's way! Write down your declaration for this. God bless you.

Write your transformation statement below addressing how you will take action and challenge your thinking. Make sure you write down action steps, which are action items that you can execute, measure, and achieve.
